



About Us



A Newsletter for "The Comox Valley Unitarian Fellowship"
250 Beach Drive, Comox BC V9M 1P9, Phone 250 792-4027 **Website:** www.cvuf.ca

Volume 30

Number 1

We respectfully acknowledge that we meet on the unceded traditional territory of the K'ómoks First Nation.

The Comox Valley Unitarians' Community Gatherings

We gather as a community weekly, at 250 Beach Drive in Comox. All are welcome! We are pleased to offer a variety of topics for your spiritual and intellectual exploration.

Sunday Gatherings

Monthly Theme: Sources of our Faith

Masks are required for ALL in person Gatherings.

September 12 at 4:00 in the Sanctuary: Water Communion, sharing water of significance to you.

Coordinators: Juliana Leahy and Joy Nagle

Tech Support: Heather Gatland

YPSE Program: Caroline Shannon

September 19 at 4:00 in the Sanctuary: An inter-generational service focusing on the value of our spiritual community. Coordinator: Caroline Shannon

Tech Support: Heather Gatland

September 26 at 4:00 in the Sanctuary

Coordinators: Barbara Huhn and Heather Gatland

Tech Support : Heather Gatland

Children: Liz Goodger

All of our Principles , and all of our Sources cry out for an end to racism and other oppressions . How and why this leads to the 8th principle now.

8th UU Principle as proposed at CUC AGM May 2021

"We, the member congregations of the Canadian Unitarian Council, covenant to affirm and promote:

"Individual and communal action that accountably dismantles racism and other oppressions in ourselves and in our institutions."

Our Sept. - Dec 2021 'Transforming Our World' Offering'

Will be donated to the Comox Bay Care Society - Care-A-Van.. This organizations' work is in line with our Unitarian principle affirming and supporting justice, equity, and compassion in human relations.

[Care-a-van](#)

On Board

Joy is an act of celebration and resistance. There are many concerns in the world and much heavy work ahead of us. AND, there is joy in coming together to work and play.

On **July 18th** forty- seven people gathered throughout the afternoon at **Kin Beach Park** to tell our stories, laugh, swim, and be kissed by the sun! So good to see everyone, and special welcome to those returning, and to Tara and Aidan who have moved here from Vancouver!

Plans are to **meet in person** at the church on Beach Street **4:00 on Sunday September 12th *** Juliana and Joy are planning our Water Communion. And we plan to continue to livestream services as well. Get the details in the Communicator or on the website , cvuf.ca .

Meetings can be scheduled at Comox United again with the assistance of Lorna Tutte our Administrative Coordinator. admin@comoxunitedchurch.com

Under Stage 3 of the BC Restart, Comox United and CVUF are using the precautions of the Comox U's Communicable Disease Prevention Plan (CDPP) , posted at both doors and available at cvuf.ca **

Plenty to pique interests in and outside of services: this fall .

- Sundays will turn to our six Sources for inspiration and speakers from inside and outside CVUF.
- Ministerial Search to match CVUF with a part-time minister.
- CVUF choir
- Celebration of CVUF's 60th Anniversary.
- Adult RE on The Wild Edge of Sorrow
- Book group on Indigenous people in Canada, our First Nations, Metis and Inuit.
- Education/discussion on racism and marginalized peoples.
- Vote to pass the 8th Principle at Canadian Unitarian Council's November meeting.
- Men'Group and Women's Groups
- Co-sponsored by CVUF, The Justice Centre is bringing indigenous lawyer, artist and musician Ms. Terri-Lynn Williams- Davidson to the Comox Valley in October, featuring a lecture, concert and Comox Valley Art Gallery installation.

Looking forward to what we all bring to these and other activities of our own creation!

See you at church!

CVUF's Board

Dan Leahy, Liz Goodger, Arlene Bell, Juliana Leahy and Barbara Huhn

***We** continue to monitor the rise in COVID numbers here in BC and on the Island . And, based on the instructions of our PHO Dr. Bonnie Henry, we will let you know if we need to change our return plans. Watch the Communicator and the website.

****** Masks are recommended for any one age 12 or older who is not fully vaccinated (two weeks past second vaccination). We ask that if you or your family are sick that you stay home. Wash your hands frequently and respect individual choices regarding social distancing.

Care and Concern

Now having been in pandemic restrictions for over a year, you may be feeling particularly challenged by what is going on. If you need some emotional or practical support, the Care & Concern Team is available (while following COVID-19 guidelines for safety and health):

- Robyn Rushford – robyn@shaw.ca, 250-941-7001 (home)
- Keith Wallace - keith.wallace@shaw.ca, 250-941-7001 (home)
- Lynda Campbell – larrylynda@hotmail.com, 250-871-4143 (home)

If you know someone in the congregation who is struggling, ask them if they'd like a call from the Care and Concern Team – if so, please let us know. We are all in this together.



September 30 Orange Shirt Day



"Orange Shirt Day is a time for us all to remember those events, their ongoing impact, and just as importantly, the continuing strength and resilience of Indigenous peoples."

**Canadian Council
Unitarian
Council** **Conseil
unitarien
du Canada**

Growing Vital Religious Communities in Canada



1. Oct. 2/21: Serving With Spirit: Nurturing UU Leaders.

This introductory day, offering a wide range of options to explore how we might share our passions within UU communities, was created by a fantastic BC UU Planning Team and CUC staff. We welcome all to attend- Young Adults; social justice groups; religious professionals, UU group and congregation leaders as well as those who may become leaders. All who are interested in exploring how they might get involved in UU programs which whet their appetites!

We welcome you to join fellow Canadian UUs as we together explore:

identifying leadership gifts and welcoming ways to express them

- finding creative expression for UU values
- building skills so that our structures reflect our UU principles

This will be a great opportunity to explore a wide range of options for engaging within UU communities and congregations. We welcome you to join others in this exploration and then, in the two years ahead, consider some more in-depth trainings regarding topics of interest to you!

Link to more information and registration!

<https://cuc.ca/events/serving-with-spirit-leadership/1633174200/1633203000/>

2. Widening the Circle of Concern: Leading Transformation for UUs in Canada- October 16, 30, November 13, and December 4th

A group of Canadian UUs have come together to provide a training series for volunteer and religious professional UU leaders this Fall. Here is their invitation to all of you.

"We are in the process of adapting the UUA's Commission on Institutional Change's final report, Widening the Circle of Concern, to the Canadian context. Our goal is to be equipped for the transformation of our future and to have the capacity to provide inspired leadership and guidance. This program is an educational process to be implemented in 2022 in congregations, separate from and complementary to the 8th principle conversations, designed to inform and provide background to congregants.

Your congregation/ group is invited to send a team of lay leaders and religious professionals to engage in learning an adapted Canadian version of the study guide: those who have a demonstrated commitment to anti-racism, social justice, and are interested in changing systems in the congregations.

Link to more information and registration!

<https://cuc.ca/events/widening-circle/1634383800/1634410800/>

The Comox Valley Unitarian Fellowship

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YPSE Program Facilitator: Caroline Shannon cvufcomoxkids@gmail.com

If you no longer wish to receive this Newsletter please email cvufcoord@gmail.com and let me know.